

LANAP Post-Operative Instructions

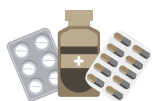
-- DO NOT BRUSH OR FLOSS THE TREATED AREA FOR 7 DAYS OR AS DIRECTED. --

Proper care of your mouth following surgery will promote healing and prevent complications.

Please use Stellalife Rinse provided to promote healing.

For the first 3 days, DO NOT smoke, spit, use a straw, or drink carbonated beverages and eat mainly a soft diet. **After 3 days,** eat foods with a soft "mushy" consistency.

After 10 days, softer foods are still better but you can begin to add more solid foods into your diet.



Pain control

take Tylenol (500 mg) and Ibuprofen (800 mg) every 4-6 hours for any discomfort. DO NOT TAKE TYLENOL WITH NORCO.



Bleeding

keep your head elevated. Do not be alarmed by swelling or bruising within the first week.



Discomfort

following oral surgery, some discomfort and sensitivity is to be expected. Please follow instructions on pain control properly.



Swelling

use ice packs for 12 hours following surgery.



After this procedure is completed, it is important to maintain a 3 month follow up routine to monitor the status of Periodontal disease.



CALL DOCTOR IF YOU HAVE UNEXPECTED PAIN, CONTINUOUS BLEEDING OR HEAT AT SURGICAL SITE. PATIENT MUST RETURN FOR FOLLOW UP VISIT AFTER SURGERY.